



Newsletter

District 5230 Newsletter April 2024 - Maternal and Child Healthcare

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Spring into Maternal and Child Healthcare!

By Debbie Hale



District Governor

Iâ€™m not a mom. But I understand and appreciate the importance of taking care of our mothers and children. My sister graciously made me an auntie with the birth of my nephew, Jaren. Heâ€™s pictured here, on a hike we did to celebrate his 21st birthday. He was fortunate that his mom was a trained teacher and counselor as well as a strong advocate for good health care. When he was little, she noticed that he had some learning issues. He didnâ€™t make eye contact, he had difficulty socializing and didnâ€™t talk until later than most toddlers. She knew something was wrong, so she had him tested. As it turned out, he had a mild form of autism. Because she acted early, had good health coverage, and knew how to work with the school system, she was able to get him the training and education he needed by age 2 1/2. Early treatment is critical to long-term success in managing symptoms. He is now a thriving adult who is in college and looking towards career options in computer technology. (Heâ€™s a lot of fun, too!)

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Your April District Communications Team Update!

April is Rotary International Maternal and Child Health Month



Lynda Patrick, District Communications Chair (center)
Nick Grim, District Webmaster (right)
Merritt Wiseman, District Newsletter Editor (left)

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Investing in Those to Come

Mark D. Wiseman, MD

Fellow of the American College of Obstetricians and Gynecologists
Diplomate, American Board of Obstetrics and Gynecology

I had only been in practice for a few weeks. The shrill sound of my pager filled the restaurant and put all eyes on me as I apologized to my dinner companions. I headed out the door, quarters in hand, to the pay phone where I got news from the nurse that she couldnâ€™t find fetal heart tones in a pregnant woman who had just arrived at our labor unit from her home down the road. Only a block away and decidedly more fit than I am today, I ran to the hospital. We had the baby out by Cesarean section in just a few minutes. The pediatrician, who clearly had answered his pager just as quickly, successfully resuscitated the baby. That child grew up to play Division I collegiate football and has been a high school teacher for many years.

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[District 5230 Org Chart](#)

For more information about the newsletter issue or to submit an article, contact Nick Grim and Merritt Wiseman at editor5230@gmail.com.

Please note all articles or event info must be submitted by the 20th of each month to make next month's issue.

Call for District 5230 Director Nominations

By Susan Winey



District 5230 Chief of Staff
District Governor Nominee

The Rotary District 5230 Board of Directors is seeking members to fill the open positions for directors whose 2-year term expires on June 20, 2024. Are you interested in serving on the District 5230 Board? Do you know someone you'd like to nominate? For more information, check out the information flyer and Director Nomination form below. Applications are due to me by April 7, 2024 for consideration at the April District Board of Directors.

[Read More](#)

District Conference Highlights Come Play By The Bay on May 10 - 12 in Monterey

By Renata Barnwell

District Conference Chair

Rocky the Otter is rounding up attendees to come to our Rotary District 5230 Conference in Monterey! Our team has created a variety of activities to help you learn, engage, network and have fun with Rotarians and community leaders from around our District. Keep reading to learn more about the activities and educational sessions that are planned for May 10 - 12 at the Monterey Marriott! Click on the links to speaker bios and more information. **Sign up at Rotary5230.org**. #Rocky'sRoundup

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Join us for the District 5230 Conference Service Project Cannery for Kids



Embark on a journey as we come together at the District Conference at the Monterey Marriott on Saturday May 11 for a purposeful endeavor, venturing back in time to the historic Cannery Row! Sign up to join the District Conference at Rotary5230.org!

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Shining a Light on Human Trafficking: Unveiling the Shadows of Exploitation



Annette Yee Steck
Rotary Club of Carmel Valley
Rotary Action Group Against Slavery



Debra Rush
Rotary Club of Fresno
CEO of Breaking the Chains

Human trafficking - the exploitation of individuals through force, fraud, or coercion for labor or commercial sex

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Help Rotarians Raise the Roof for Fresno VFW Post 8900

By Darin Marsella

Are you feeling the need to do a good deed? If so, then the “Raise the Roof Fundraiser” for veterans located in Fresno, CA is the place for you to be on April 27th, 2024 at 9:00 am.



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Community Corner: Your Membership Hub

By Becky Moser



Past District Governor
District 5230 Membership Chair

Congratulations to our Top 10 Clubs (year to date).
Thank you for growing Rotary and welcome New Rotarians!

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District Foundation Update: You will never!

By Bruce Mackey
PDG
District 5230 Foundation Chair

I was honored this month to visit two outstanding Rotary Clubs, Tulare and Selma, and award members their Paul Harris Fellows. It's not only an honor but a pleasure to travel to Clubs, find out all they are doing for their communities and the world, and share in the pleasure of recognizing their members for dedication to the Rotary Foundation. In my remarks I frequently state that these members will experience very little of the profound benefits their donations have made possible. In part I say, "We will plant trees in some part of the world but **you will never** benefit from the shade of those trees; we will send food to the starving children but **they will never** be able to invite you to dinner; we will provide clean, safe water for people in developing countries but **you will never** get to drink it!"

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Extending a Warm Welcome to Our Esteemed Paul Harris Society Members

By Joy Anderson



The Rotary Club of Monterey Bay Passport held its monthly meeting at Oscar's Playground arcade on Cannery Row. We were excited to welcome five new members and recognize our Paul Harris+1.

Annette Yee Steck, District Human Trafficking Awareness advocate, spoke on the challenges surrounding trafficking in our area. Special guest, Mary Ann Carbone, Mayor of Sand City was welcomed to learn more about our new club. Thanks to Christina, owner of Oscar's, for gifting everyone free play on the games after the meeting. So fun! [Read More](#)

Towards a Polio-Free World Celebrating Milestones and Continuing the Journey

By Belinda Daguio
District Polio Plus Chair

As of today, which happens to be March 25, there have been zero, zip, nada - no new cases - of wild polio reported for 25 weeks - yahoo! However, I am being very cautious because there are two possible cases that were not reported in 2023 and I am hoping they do not attribute them to this year's totals. We all would like to maintain zero cases this year.

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Membership Moment: Designing Your Rotary Experience

A new tool in the District 5230 toolkit!

Check out the NEW membership section on the District 5230 website. Rotary presents a dynamic platform tailored for individuals of diverse backgrounds and ages. Beyond merely acquainting yourself with the world, Rotary fosters personal growth, facilitating a deeper understanding of oneself amidst its expansive global network. Engaging with Rotary opens avenues to a plethora of activities, programs, and interest groups, enriching one's journey. Whether assuming the role of a Rotarian, a Rotaractor, or as an enthusiastic program participant, involvement in Rotary broadens horizons. Through active participation, individuals refine their skills, glean insights from seasoned professionals, forge meaningful connections, and leave an indelible mark on their communities and beyond.

Rotary Youth Exchange District 5230

By Leroy W. Blankenship



PDG,
Chair D5230 Youth Exchange Program Chair

Rotary Youth Exchange has been a thriving and successful program in this District for more than forty years due largely to the efforts of local Rotary Clubs that have been willing to sponsor local high school students to spend a year in another Rotary District and to host a foreign student in our local high schools, families, and communities. This program of "citizen diplomacy" complies with policies and practices of the US Department of State and with Rotary International and is conducted with other west coast Rotary Districts that form the Western States Student Exchange

Program (WESSEX).

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Urgent Call: Rallying Together to Support a Rotarian Family in Need

By Don Kremer

Rotary, West Coast Diversity Initiative, Chair 2015-16
Rotary Coordinator, Zone 26, 2010-2013
Past District Governor 2006-07 District 5230

Scammers Cause a Financial Disaster for 2010-11 PDG Young Koh and family

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Give Blood - Save Lives

Thank you to all who participated in the District Blood Drive!

Congratulations to the King City Rotarians and Interactors for collecting the most blood in Monterey County at this year's Annual District 5230 Blood Drive!



Dressed as characters from MASH, members of the Rotary Club of Carmel Valley and Laura Kamada from Vitalent, presented the annual Monterey County Rotary Champion Blood Donor Trophy to this year's winner: the King City Rotary Club.

Carmel Valley Rotarians (last year's winners) Loren "Trapper John" Steck, Kevin "Hawkeye" Kenoyer, Genevieve "Hot Lips" Almendariz were joined by "Dr" Steve Adams of the King City Club for the "procedure". Laura Kamada from Vitalent volunteered as the willing patient.

District 5230 Events and Happenings



See what is going on around our District! [Read More](#)